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Y Gweinidog Iechyd Meddwl, Llesiant a'r Gymraeg
Minister for Mental Health, Wellbeing and Welsh Language

Llywodraeth Cymru
Welsh Government

Lynne Neagle MS
Caedeirydd
Y Pwyllgor Plant Pobl Ifanc ac Addysg

31 March 2021

Annwyl Lynne,

Yn dilyn fe niweddariad am Iechyd meddwl amenedigol, ysgrifennaf gyda gwybodaeth bellach. Ymddiheuraf am unrhyw ddryswch ac oedi wrth ymateb i'r cwestiynau hyn.

Gwybodaeth bellach am y trefniadau sydd ar waith i fonitro atgyfeiriadau i wasanaethau Iechyd Meddwl a gallu'r gwasanaethau hynny i ddiwallu anghenion, gan gynnwys gwybodaeth am rol y Grŵp Digwyddiadau Iechyd Meddwl a sefydlwyd gan Lywodraeth Cymru

Gwybodaeth ychwanegol am y grŵp newydd y byddwch yn ei sefydlu a gyfeirwyd ato yn eich tystiolaeth lafar.

Ar ddechrau'r pandemig, fe wnaethom symud yn gyflym (ym mis Mawrth 2020) i gynnwll Grŵp Digwyddiadau Iechyd Meddwl y GIG/Llywodraeth Cymru (y Grŵp), i helpu gwasanaethau Iechyd meddwl i reoli a darparu gwasanaethau yn ystod y cyfnod anodd hwn. Mae'r Grŵp hwn, sy'n cael ei arwain gan Lywodraeth Cymru, yn cynnwys uwch gynrychiolwyr o'r GIG, Gofal Cymdeithasol Cymru, Arolygiaeth Iechyd Cymru ac Arolygiaeth Gofal Cymru, ac mae wedi bod yn cwrdd yn rheolaidd ers dechrau'r argyfwng. Yn bwysig iawn, mae'r Grŵp hefyd yn cynnwys swyddogion o'r Gwasanaethau Gwybodaeth a Dadansoddi i sicrhau bod penderfyniadau neu argymhellion y Grŵp wedi cael eu llywio, ac yn dal i gael eu llywio, gan y dystiolaeth ddiweddaraf.

I gefnogi gwaith y Grŵp, rydym yn parhau i gwrdd ddwywaith y mis ag arweinwyr Iechyd Meddwl y byrddau Iechyd yng nghyswllt Covid-19 ac arweinwyr clinigol CAMHS, a hefyd yn cwrdd yn rheolaidd iawn â Chynghrair Iechyd Meddwl Cymru. Mae'r trefniadau hyn yn rhoi darlun cyflawn i'r Grŵp o faterion yn ymwneud â gwasanaethau, pwysau, profiad defnyddwyr gwasanaeth a gwybodaeth ehangach.

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Rydym yn croesawu derbyn gohebiaeth yn Gymraeg. Byddwn yn ateb gohebiaeth a dderbynnir yn Gymraeg yn Gymraeg ac ni fydd gohebu yn Gymraeg yn arwain at oedi.

We welcome receiving correspondence in Welsh. Any correspondence received in Welsh will be answered in Welsh and corresponding in Welsh will not lead to a delay in responding.

Ym mis Rhagfyr 2020, cyhoeddodd y Gweinidog Iechyd Meddwl, Llesiant a'r Gymraeg y byddai Bwrdd Cyflawni a Goruchwylio Gweinidogol Llaw yn Llaw at Iechyd Meddwl i Gymru yn cael ei sefydlu. Bydd y Bwrdd yn gwella'r cyd-drefnu ac yn cyflymu'r gwaith hwn, yn ogystal ag egluro rolau a chyfrifoldebau'n well, gan greu agwedd 'rheoli rhaglen' dynnach tuag at y trefniadau cyffredinol.

Yn bwysig iawn, bydd swyddogaethau'r bwrdd yn cynnwys holl strategaeth drawslywodraethol Llaw yn Llaw at Iechyd Meddwl, Siarad â fi 2 – Strategaeth Atal Hunanladdiad a Hunan-niwed, a'r ymateb sydd ei angen ym maes iechyd meddwl ar gyfer ein hadferiad yn dilyn Covid-19.

Un o nodweddion cryf y Bwrdd fydd ei allu i ystyried y dystiolaeth ddadansoddol ac ehangach ddiweddaraf o'r mesurau sydd eu hangen i atal a chynnig cymorth ar gyfer problemau iechyd meddwl ar lefel y boblogaeth, ac mewn gwasanaethau iechyd meddwl. Felly bydd aelodau'r bwrdd yn cynnwys cydweithwyr ym maes gwybodaeth a dadansoddi, a bydd cysylltiad clir rhwng y bwrdd â'r byd academiaidd er mwyn sicrhau bod ein dull gweithredu yn ystod y pandemig, ac ar ôl hynny, yn dal yn seiliedig ar dystiolaeth.

Mae'r Bwrdd wedi cyfarfod ddwywaith, ar 24ain o Chwefror ac yn fwyaf diweddar ar 24ain o Fawrth. Amgaeaf yr Amodau Gorchwyl er gwybodaeth.

Yr eiddoch,



Eluned Morgan AS/MS

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Minister for Mental Health, Wellbeing and Welsh Language

Terms of Reference

Summary
<p>This Board has been established to:</p> <ul style="list-style-type: none"> • Oversee the continued response to the mental health impact of Covid-19; • Strengthen oversight and assurance for the delivery of '<i>Together for Mental Health</i>' strategy and associated delivery plan; and • Monitor evidence to inform the future programme of work and the successor to the Together for Mental Health Strategy.

Introduction

1. The new Board will be known as the Together for Mental Health Ministerial Delivery and Oversight Board for Wales (the D&O Board). The rationale for establishing the Board is to strengthen the current governance arrangements for the overarching Together for Mental Health (TfMH) Strategy, the 2019-22 Delivery Plan and associated programmes of work, in order to provide greater clarity on roles and responsibilities and to create a tighter 'programme management' approach to these arrangements.
2. As well as making governance and accountability arrangements clearer, the aim is to reduce the complexity of the current arrangements as well as ensuring that longer term arrangements are in place to provide oversight, guidance and expert advice.

Scope

3. The scope of the Board's work covers the entirety of the TfMH Strategy, including the mental health response to Covid-19. This includes:
 - The continued response to, and impact of, Covid-19 on mental health, particularly as we transition from the emergency arrangements put in place
 - The Together for Mental Health Strategy and current Delivery Plan (including the Mental Health Act 1983, The Mental Capacity Act 2005 and Deprivation of Liberty Safeguards (DoLs) / Liberty Protection Safeguards (LPS), Mental Health (Wales) Measure 2010 and the mental health prevention work led by Public Health Wales
 - Talk to Me 2 – the suicide and self-harm strategy
 - The Mental Health Crisis Concordat and associated Delivery Plan
 - Analysis of the impact of the current strategy, to inform the shape of the successor to *Together for Mental Health*.

It does not include issues of learning disability or neurodiversity.

4. The D&O Board has a performance management role in relation to the delivery of commitments in the TfMH Delivery Plan and related Senedd Committee reports. Its scope excludes individual LHB service performance issues, which would continue to be picked up as part of the routine Joint Executive Team meetings (including mental health-specific pre-JET meetings) and the Quality, Safety and Delivery Board. However, the Board will play an important role in understanding the context of any performance issues and supporting improvements at a national level.

Role of the Project Board

5. The role of the Board is to:

- provide assurance to the Minister/NHS Chief Executive on the work within the scope of the Board
- strengthen and systemise the analytical input into future mental health policy development, as well as take a stronger role in driving the necessary mental health service improvements as set out in the refreshed Delivery Plan
- provide oversight for the continued mental health response to Covid-19 (for the period of time that the pandemic continues to impact on mental health services)
- provide analysis of the impact of current strategy to inform the future strategy for mental health
- link with academia to ensure our approach is based on evidence.

Membership

6. The Board is to be chaired by the Minister for Mental Health, Wellbeing and the Welsh Language. Membership will include senior representation for the key work streams reporting into the Board, including:

- Together for Mental Health Delivery Plan (cross-Government Officials Group and NPB)
- Talk to Me too – suicide and self-harm prevention programme
- Mental Health Core Data Set
- Mental Health Workforce Strategy development
- Mental Health Crisis Care Assurance Group
- Mental Health Network Board (adult, CAMHS sub-group and perinatal work programmes)
- Implementation of the Liberty Protection Safeguards
- Response to the UK Government White Paper
- Provision of services through the medium of Welsh
- Public Health Wales programmes for mental health prevention

7. Membership also includes the following key senior roles and partners with responsibility for mental health:

- Vice Chair representative
- The National Mental Health Programme Director (also representing T4CYP and All Age Mental Health Network Board)
- Director of the National Collaborative Commissioning Unit
- NHS Delivery Unit
- Welsh Health Specialised Services Committee
- Association of Directors of Social Services
- Welsh Government Officials (Health and Social Care)
- Knowledge and Analytical Services (Welsh Government)
- Academic experts (on an ad hoc basis)
- Third Sector

8. Other officials and stakeholders will be asked to attend the Project Board meetings to provide advice when appropriate. For example, additional policy colleagues, representatives from Knowledge and Analytical Services and colleagues from the HSS Legislation Team and Legislative Programme and Governance Unit may attend as required.

9. Because this is designed to be a delivery and oversight board, service users will not be represented directly on the Board. However the Board will have a role in ensuring that reporting workstreams include service user representation as appropriate. The National Partnership Board will remain the main mechanism for service user and stakeholder engagement.

Governance Arrangements

10. The Board is directly accountable to the Minister for Mental Health, Wellbeing and Welsh Language and the Director General for HSS.
11. The following groups will have a line of accountability to the Board:
 - The National Mental Health Partnership Board (*which would become the main stakeholder/service user group*)
 - The Mental Health Incident Group (Covid-19: time limited)
 - The Mental Health Crisis Concordat
 - The Mental Health Programme in the NHS Collaborative led by the National Programme Director
 - Mental Health (and Substance Misuse) cross-Government Officials Group
 - The Liberty Protection Safeguards Strategic Implementation Group for Wales
 - Mental Health Core Dataset Group
12. The Board will consider and take account of the latest analytical and wider evidence of the measures needed to prevent and support mental health at both a population level and within mental health services. In doing so, it will be supported by Knowledge and Analytical Services to monitor and analyse the latest evidence to support the work programme.
13. Project Board meetings will be held monthly. If a member is unable to attend they may nominate a colleague to attend on their behalf. The agenda and supporting papers will be circulated 5 days prior to Project Board meetings. Regular papers will include a detailed working timetable, a monthly progress and highlights report, a risk register and an issues log.
14. Secretariat support is to be provided by Welsh Government officials.

Review

15. These Terms of Reference will be reviewed on a regular basis to ensure they remain fit for purpose and that appropriate membership is maintained.